



## Two **FREE** Training Opportunities to Boost your Student Wellness Efforts!

### Webinar

**Step Up and Stand Out:  
Join the HealthierUS School  
Challenge**

**Thursday, February 23, 2012  
2:00-3:00 pm CST**

**Audience: School wellness staff**

Register at [KidsEatWell.org](http://KidsEatWell.org)

Our expert speakers and HealthierUS School Challenge (HUSSC) winners will show you how to:

- \* submit a successful HUSSC application,
- \* win recognition and **cash incentives** for your school
- \* develop an award-winning school lunch menu, and
- \* support student health and achievement with school programs that work.

For more information about the HealthierUS School Challenge visit [kidseatwell.org/team-nutrition](http://kidseatwell.org/team-nutrition).

### Online Training

**Raise the Grade with Nutrition  
Education**

**Coming February 2012**

**Audience: K-12 Teachers**

Sign in on [KidsEatWell.org](http://KidsEatWell.org)

This interactive online eCourse will give K-12 teachers what they need to teach effective nutrition education – in a fun way!

- \* Age-appropriate resources for grades K-12
- \* Ideas for quick and easy nutrition education plug-in activities
- \* Hands-on classroom activities that make learning fun.
- \* Tips for working with parents and school foodservice staff to reinforce healthy choices

**Teachers can earn 2.5 Free CPDUs**

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