

NORTHEASTERN

DISTRICT NEWSLETTER



DECEMBER 2008



PRESIDENTS MESSAGE



Wow! It's hard to believe that this will be my final newsletter as your Northeastern district president. Where did the time go? I just returned from the IAHPERD state convention and, after attending over 25 state conventions over the past years, I still come away with new enthusiasm for teaching and renewed energy, eager to try out new material, exercise techniques, and several new dance moves! One of my favorite parts of convention is meeting new professionals and renewing friendships with colleagues I've met at past conventions and workshops throughout the

years. Health, PE, Dance and Recreation educators are truly a unique group of individuals. Their energy (whether still in college or long retired) is contagious and their willingness to learn and try out new teaching materials in their classrooms and gymnasiums is inspirational. I can't begin to tell you how fortunate I feel, after 34 years of teaching, to have had the opportunity to perform a job I love and work with such a wonderful group of professionals and lifelong friends. If I had to give a recap or summary of this year's state convention, I would use a quote from the Midwest president of AAHPERD, Sue Long. In addressing our IAHPERD governing board, Sue said that one of the reasons she loves coming to the IAPHERD convention is that it is truly a "mini National convention". This year's attendance was around 3,000!

As this year comes to an end, please check out the up-coming events for 2009 and take advantage of the workshops and conferences this organization has to offer. If you'd like to get more involved, consider joining us at Shape-Up Illinois.

In closing, I would just like to thank my wonderful, hard-working 2008 board for making my job so rewarding. I'd also like to congratulate and welcome aboard our new delegates.

(See "Meet Your 2009 Executive Board"). Holiday Blessings to all of you and thanks again for the opportunity to serve such a dedicated group of professionals.

Fondly,
Janet Madden

Meet YOUR 2009 EXECUTIVE BOARD

President: Lori Dusek
Arbury Hills Elementary
815/479-2106
ldusek@summithill.org

President – Elect: Kathy Houston
Arbury Hills Elementary
815/479-2106
ldusek@summithill.org

Past President: Janet Madden
Andrew H.S.
708/342-5800 x5850
708/301-3557
jmadden@d230.org

Treasurer: Marilyn Bloechle
mbloechle@comcast.net

Secretary: Millie Wostratzky
mwostratzky@comcast.net

Delegate At Large: Vicky L. Nordhem
vnordhem@d125.org

Delegate At Large: John David
johnjacobdavid@gmail.com

Delegate At Large: Mary Norge-Drent
norgedrent@yahoo.com

Delegate At Large: Katherine Meyers
kmeyers@LTHS.net

Delegate At Large: Cindy Thomas
cthomas@d230.org

Other members you should know to contact for:

Awards: TBA

Governmental Affairs: Beth Mahar
elizmahar@comcast.net

Highlight Awards: Marianne Biedrzycki
mbiedrzycki@d181.org

Scholarship: Don Scherrer
donlenore@comcast.net

Shape-Up Illinois: Terri Andrews
Terri_andrews@ipsd.org

Blue Ribbon Health: Marcia Berke
purplemmm@comcast.net

Blue Ribbon PE: Chris Beese
cbeese@northbrook28.net

Blue Ribbon PE: Mike Godlewski
mgodlewski@maine207.org

Please contact us for more information about the NED and how you can become more involved.

MEMBER PROFILE **NED Member: Lori Dusek**

Has taught for 24 years. Presently teaching at Arbury Hills Elementary
Born: Chicago, IL
Colleges attended: Moraine Valley Community College, Eastern Illinois University (Undergrad),
Chicago State University (Masters)

Hobbies: Watching Movies, and watching my boys play sports.
Favorite Restaurant: Maggiano's
Most-visited website: NASPE-talk and IAHPERD

Something Few People Know About You? I was inducted into the -"16 inch Softball Hall of Fame."

BLUE RIBBON SCHOOLS

Do you want to be considered among the best of the best?

Are you thinking of becoming a Blue Ribbon School?

Would you like to be an evaluator of Blue Ribbon Schools?

Blue Ribbon Evaluator training will be held on Saturday, Feb 21, 2009 from 9-1. IAHP members with a MA and five years teaching experience or members of Blue Ribbon faculties are eligible to become a trained evaluator.
Contact Chris Beese at cbeese@northbrook28.net.

For more information about IAHPERD Blue Ribbon Programs contact:

P.E.(K-12)

Health (5-12)

Chris Beese

Marcia Berke

cbeese@northbrook28.net

purplemmm@comcast.net

Visit IAHPERD.org Programs or Awards) for more information!

Congratulations to this year's Blue Ribbon Award winners!

Physical Education:

Greenbriar Elementary, Meadowbrook Elementary, Westmoor Elementary, Laura B. Sprague Elementary, Rochelle Middle School, Niles North High School and Maine East High School

Health:

Andrew High School, Downers Grove South High School, Gemini Junior High, Daniel Wright Middle School, Carl Sandburg High School, and Stagg High School.

Retirees & Soon-to-be Retirees

Calling all retirees!...We thank you for your past contributions to our profession. IAHPERD needs your experience and expertise to act as a resource for its younger, less experienced members so please continue to support the association and contribute your input to issues affecting our profession. The Northeastern district would like to highlight the careers of those individuals that have worked hard to help make our profession what it is today. Please send us a brief summary of your accomplishments in your profession (schools where you have taught, subjects taught, number of years teaching, sports you have coached, etc.) and the date of your retirement.

Information may be sent to:

Janet Madden

Andrew H.S.

9001 W. 171st Street

Tinley Park, IL 60487

Or E-mailed to: jmadden@d230.org

Note: Current IAHPERD members, only!

The Highlight Award

The Highlight Award is an award given by NED and is been designed to spotlight a segment of your total program. Examples of past winners range from computerized assessment tools to school-wide pedometer challenges. Your highlighted program should be creative, innovative or unique so other Physical Educators and Health Educators can value from your expertise and the program. For more information on applying for the Highlight Award, you can visit: **www.iahperd.org** Or if you have questions please contact the chairperson of the Highlight Award Program:

Marianne Biedrzycki @ mbiedrzycki@d181.org

The Highlight Award Program is only open to teachers who teach within the Northeastern district.

To Find out more information and to download an application visit:

<http://iahperd.org/northeastern/>

Congratulations to the 2008 Highlight winners:

Laura Calek, “The United States of America”, Prospect Elementary School

Michael Muys, “The Traveling Hornets”, LaGrange Highland Elementary School

Gina Parker, “Create A Game”, Prairie Oak Elementary School

NED Grant Update

Each fall and spring NED members will have the opportunity to apply for a \$500 grant to enrich their school’s physical education program. Applicants will complete the written grant proposal and verbally present their proposal to the board at the fall meeting. At the conclusion of the general meeting the Board will choose a grant winner based on several criteria such as need, number of students that will benefit from the grant, etc. Soon after the meeting, the grant winner will receive a letter of congratulations. In addition to the \$500 grant, three \$100 Palos Sports gift certificates will be awarded in a raffle drawing. Everyone in attendance at the meeting will receive a raffle ticket for the drawing.

Note: You can only win once within a year. The money is only to be used for school equipment, not personal items! The same format will be used to award grants at the spring NED business meeting. Four \$100 Palos Sports gift certificates will be raffled off at the NED social at the IAHPERD State convention.

Congratulations, to our four \$100 winners at the State convention!
Lori Dusek, Deb Steffenhagen, Cindy Thomas, and John David

**PICTURES FROM THE NED FALL AWARDS BANQUET
SUNDAY OCTOBER 12, 2008 AT MAGGIANO'S OAKBROOK**



⇐ Don Scherrer (Scholarship Chairman) and Zachary Bickel (2009 Scholarship winner)

Janet Madden (NED President), Betty Axelson-McClelland (Service Award recipient), Ed Raymond (award presenter & NED delegate) ⇒



⇐ Janet Madden (NED President), Cathy Harper (Adapted PE TOY award winner), Jack Doyle (PE Department Chair, Carl Sanburg H.S.)

Glen Wood (Principal, Andrew H.S.), Janet Madden (High School TOY Award winner), Carrie Cox (Award presenter) ⇒



**2009
UP-COMING EVENTS:**

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| FEB 6-7th | LEADERSHIP CONFERENCE @ Starved Rock |
| FEB 29th | DuPage County Institute Day
Naperville North H.S. – 8am-1:30pm
Contact: John Fiore at 630-420-6822 |
| MARCH 1st | TOY Award Applications deadline! |
| MARCH 6th | Southern Illinois PE & Health Conference
SIU – Carbondale 8:00 a.m. |
| MARCH 9th | NED MEETING @ Fudruckers @ 6:30 pm
1500 Branding Lane Downers Grove, IL
Apply for NED's Spring Grants! |
| MARCH 18th | SHAPE-UP ILLINOIS, Springfield
Terri_andrews@idsp.org |
| MARCH 31st -
APRIL 4th | AAPERD Convention
Tampa, FL |
| TBA | NED Fall Retreat |
| OCT 18th
(tentative) | NED Awards Banquet
Maggiano's Oakbrook, IL |
| NOV 19th – 20th | IAHPERD State Convention
Pheasant Run Resort St. Charles, IL |

Please also check the IAHPERD website for additional events & info.