

NORTHEASTERN

DISTRICT NEWSLETTER



OCTOBER 2008



PRESIDENTS MESSAGE



Dear Friends and Colleagues,

Wow....is it me or did we just jump right from summer into fall? I don't think I was quite ready to trade in my swimsuit for a sweatshirt, flip flops for gym shoes, water skis for rollerblades, and especially the long, leisure days of summer for the fast, never-enough-hours-in-a-day pace of "back-to-school"...but here it is. By the time you receive this newsletter, most of you will have been back at school for over a month and well into the routine of yet another school year.

This time of year is always bittersweet for me. I'm sad that I'm leaving behind long, sunny days at the lake and at the same time I look forward to reuniting with friends and colleagues and can't help but get caught up in the excitement of a new group of students and classes. The start of this school year is especially emotionally-charged for me because it will be my last. I will be retiring with the Class of 2009! I intend to make the most of every day this year. I still believe, as I did over 30+ years ago, that we have chosen a noble profession and that we do make a difference in the lives of our students. Never forget that you have the power to train students to be healthy, active youths who will develop into healthy, fitness-conscious adults.

Speaking of healthy adults....your NED Board Members are not getting any younger. With over 1700 members in the Northeast district we need some of you younger teachers to step up and get involved in your professional organization. It does not have to be a big time commitment and, after serving 6 years on the Board, I can assure you that it's a fun and rewarding experience. I am constantly in awe of the knowledgeable and dedicated individuals that make up your Northeastern District board. Please, read "Calling For Nominations".

Thanks for all of your efforts to provide your students with daily, quality health and physical education. Have a great 2008-2009 school year.

Janet Madden

Meet YOUR 2008 EXECUTIVE BOARD

President: Janet Madden
Andrew H.S.
708/342-5800 x5850
708/301-3557
jmadden@d230.org

President – Elect: Lori Dusek
Arbury Hills Elementary
815/479-2106
ldusek@summithill.org

Past President: Mike Gibson
Westchester Primary School
708/562-1509
630/617-5090
mickeyg13@yahoo.com

Treasurer: Marilyn Bloechle
mbloechle@comcast.net

Secretary: Millie Wostratzky
mwostratzky@gower62.com

Delegate At Large: Dennis Michalak
michalakdj@vvsd.org

Delegate At Large: Ed Raymond
Eraymond96@hotmail.com

Delegate At Large: Marcey Siegel
marcey@the-siegels.com

Delegate At Large: Kathy Yuknis
kathleenkc@hotmail.com

Delegate At Large: Gina Parker
msginaparker@aol.com

Other members you should know to contact for:

Awards: Vicky Nordhem
vnordhem@district125.k12.il.us

Governmental Affairs: Beth Mahar
elizmahar@comcast.net

Highlight Awards: Kathy Houston
kathyhouston@hotmail.com

Highlight Awards: Marianne Biedrzycki
mbiedrzycki@d181.org

Scholarship: Don Scherrer
donlenore@comcast.net

Shape-Up Illinois: Terri Andrews
Terri_andrews@ipsd.org

Blue Ribbon Health: Marcia Berke
purplemmm@comcast.net

Blue Ribbon PE H.S.: Mike Godlewski
mgodlewski@main207.org

Blue Ribbon PE ELEM.: Chris Beese
cbeese@northbrook28.net

Please contact us for more information about the NED and how you can become more involved.

The recipient of the 2008 Northeast District of IAHPERD scholarship of \$1,000 is Zachary Bickel. Zachary is a senior at Concordia University Chicago in Rivert Forest, Illinois. He is completing his student teaching this fall and will be graduating in May 2009 with a major in Physical Education and a minor in coaching.

While at CUC, he has earned an overall 3.69 grade point average. In addition to his academic achievement, he is a member of Concordia's baseball team. Upon graduation he hopes to coach baseball and basketball, possibly at a Lutheran high school, if that opportunity presents itself.

He has volunteered as an instructor in Concordia's summer youth baseball camp, and has helped out in general with the athletic program. At home, which is in Racine, Wisconsin, he helps out at his church and in special charity events.

Congratulations, Zach!

NED Grant Update

Each fall and spring NED members will have the opportunity to apply for a \$500 grant to enrich their school's physical education program. Applicants will complete the written grant proposal and verbally present their proposal to the board at the fall meeting. At the conclusion of the general meeting the Board will choose a grant winner based on several criteria such as need, number of students that will benefit from the grant, etc. Soon after the meeting, the grant winner will receive a letter of congratulations. In addition to the \$500 grant, three \$100 Palos Sports gift certificates will be awarded in a raffle drawing. Everyone in attendance at the meeting will receive a raffle ticket for the drawing.

Note: You can only win once within a year. The money is only to be used for school equipment, not personal items! The same format will be used to award grants at the spring NED business meeting. Four \$100 Palos Sports gift certificates will be raffled off at the NED social at the IAHPERD State convention.

CALLING FOR NOMINATIONS

For those professionals who are looking for a chance to get more involved in your professional organization....here it is! The NED is calling for nominations for the following positions: Delegate (3 or 4 positions), Secretary, and President-Elect.

The delegate position is an excellent place to start for someone who is ready to take that first step! The NED board meets about four times a year at Fud-druckers restaurant in Downers Grove. We discuss the various programs that the NED oversees and current issues with PE and health, as well as current government affairs and actions that may effect our profession. We discuss ideas for our NED workshop and retreat. We vote to award various grants and teacher recognition awards. It is truly a fun and rewarding experience to be a part of such a hard-working and dedicated group of professionals.

If you would like to be considered or you would like to nominate someone, please e-mail me @ jmadden@d230.org. Voting will take place at the November meeting at the IAHPERD convention.

Nominees (to date):

For delegate: Mary Norge Drent, Vicky Nordhem, and Cynthia Thomas

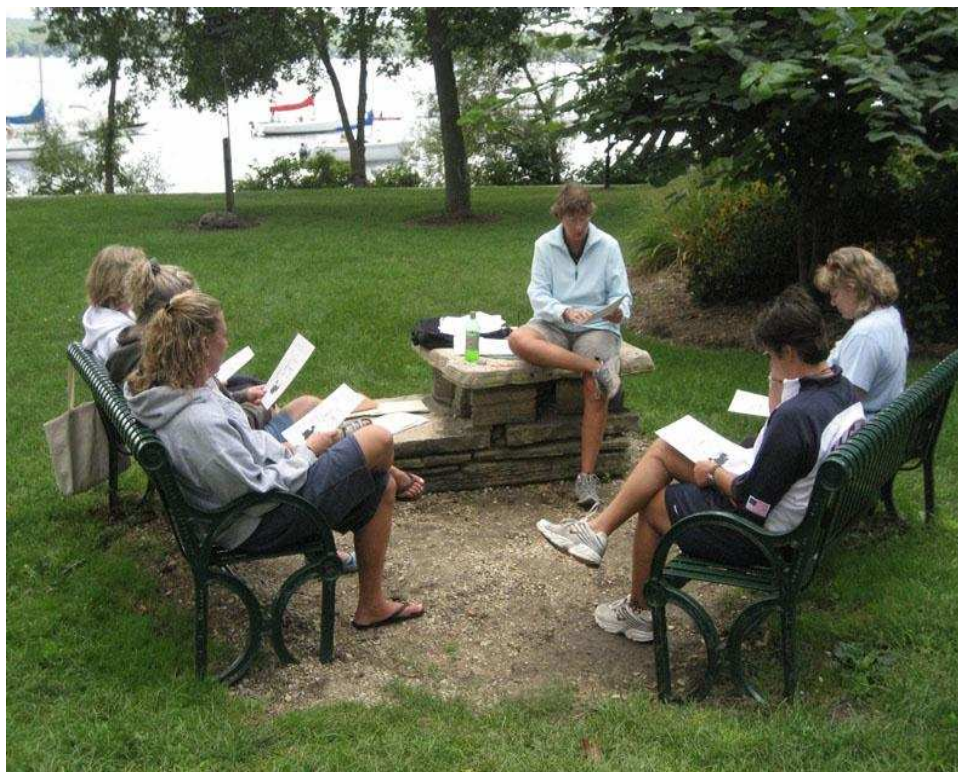
For Secretary: Millie Wostratzki

LAKE GENEVA P.E. RETREAT A WINNER!

Although the attendance at the Lake Geneva retreat was not as high as in past years, the combination of terrific speakers along with time to relax and have FUN made for a winning weekend. This year's NED Fall Retreat offered a variety of sessions for elementary through high school teachers. Sessions included: Line Dancing, Team Building, Nutrition and Fitness "Starting from the Inside Out," Create-A-Game, Orienteering, PEAK P.E., "Abs of Steel," and Lacrosse. We appreciate the presenters who shared their ideas and expertise, along with keynote speaker Lynn Condon, who gave a great deal of insight as to how games, motor skills, and activities help our students achieve greater academic success.

We were pleased to welcome 3 Northeastern Illinois University seniors to the retreat, each of whom went home with Lacrosse equipment from Lacrosse America. We hope to see more college students next year. A big thanks to BOB TODD, ED RAYMOND and especially BETTY AXELSON-MCCLELLAND for all they do to set up this wonderful event as well as the service they provide all weekend long at the retreat...WE COULDN'T DO IT WITHOUT YOU! We'd also like to thank Howard Sokol for the prizes he donated from Pick-A-Paddle! Lastly, thanks to ALL OF YOU who attended the Retreat...what a great group! It truly is a place where new ideas begin and friendships are renewed!

2008 FALL RETREAT PICTURES





2008 UP-COMING EVENTS:

Sunday, October 12 th	NED Awards Dinner @ Maggiano's in Oakbrook
November 20-22 nd	IAHPERD State Convention @ Pheasant Run
Thursday, November 20 th	IAHPERD Awards Banquet @ Pheasant Run
Friday, November 21 st	NED Convention Social & Business Meeting 3:30 in the Turquoise Room

Please also check the IAHPERD website for additional events & info

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